



YUMMY DINNER IDEAS FOR BUSY PEOPLE







NOW LIVE!

WHATTOEAT4DINNER.COM

MADE FOR YOU MENU PLAN AND RECIPES. YOU CAN NOW MAKE A MASTER SHOPPING LIST AND PRINT OR SEND TO YOUR PHONE FOR EASY MEAL AND GROCERY SHOPPING.

Menu Plan Curated by Melissa Spelts and Cindy Jones

MARCH

SUN	MON	TUES	WED	THUR	FRI	SAT
Gather Round the Dinner Table! WHATTOEAT4DINNER.COM			1 Shepard's Pie Side of Irish Soda Bread	2 Orange Chicken served on rice w/side of broccoli	3 Sloppy Joes w/side of fruit salad	4 EAT OUT
5 Yogurt Marinated Chicken & Lemony Couscous w/side of roasted carrots	6 BREAKFAST 4 DINNER Biscuits and Gravy	7 Greek Chicken Salad	8  LEFTOVER NIGHT	9 BLT's w/side of Irish potato bites	10 Parmesan Crusted Tilapia served on rice w/side of asparagus	11 EAT OUT
12 Steak Bites and Gnocchi w/side of green beans and dinner rolls	13 BREAKFAST 4 DINNER Cinnamon French Toast w/berries & whipped cream	14 Chicken Enchiladas w/side of Spanish rice	15  LEFTOVER NIGHT	16 Poppy Seed Chicken	17 Cheesesteak Sandwiches	18 EAT OUT
19 Jambalaya	20 BREAKFAST 4 DINNER Egg, Bacon, & Tater Tot "Hashbrown" Casserole	21 Baked Creamy Chicken Taquitos w/side of seasoned black beans & cotija cheese	22 Lasagna Soup	23  LEFTOVER NIGHT	24 Creamy Chicken and Noodle Casserole w/side of broccoli	25 EAT OUT
26 Bangers and Mash w/side of sauteed green cabbage	27 BREAKFAST 4 DINNER Dinner Pancakes, Scrambled Eggs, Sausag	28 Chicken Nachos	29 Momma Miller's Spaghetti with side of garlic bread	30  LEFTOVER NIGHT	31 Grilled Cheese and Tomato Soup	